

h

hiwecanhelp.co.uk

**TACKLING
DRUGS
CHANGING
LIVES**

h

hi

Simply put, hi is a system that enables you to manage your treatment system on line and at anytime without the intervention of a web team.

The site provides innovative tools to meet the needs of your DAT, front line workers & your service users.

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Why hi?

More information about hepatitis C testing & treatment.

More access to testing and referral information.

Training tools for staff across all tiers.

Takes the mystery out of drug treatment for drug users and their families.

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Value for money

hi provides holistic information for harm reduction, treatment & recovery.

Staff can provide service users with information selected from over 130 pages of up-to-date content.

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we're here to help people whose lives have been affected by drugs

You aren't signed in [Sign in](#) or [Create your account](#)

Home

Drug guide

Safer using

Treatment

Your rights

Health

Services


Groups

sign up and we'll show you how you can help

sign up today

- Talk about drugs in confidence with people in the same situation
- Find the information you need as quickly and easily as possible

Sign up

Take a tour 

find services in your area

Find relevant information about services and help in your area

Find a service



share your experiences

Join our community and talk to others about their experiences.

Join a group



learn about safer drug use

Learn how to use drugs in the safest possible way.

Safer using



understand drugs

Browse our guide to find out about the effects of different drugs.

Search drug guide



North Tyneside DAT

Services

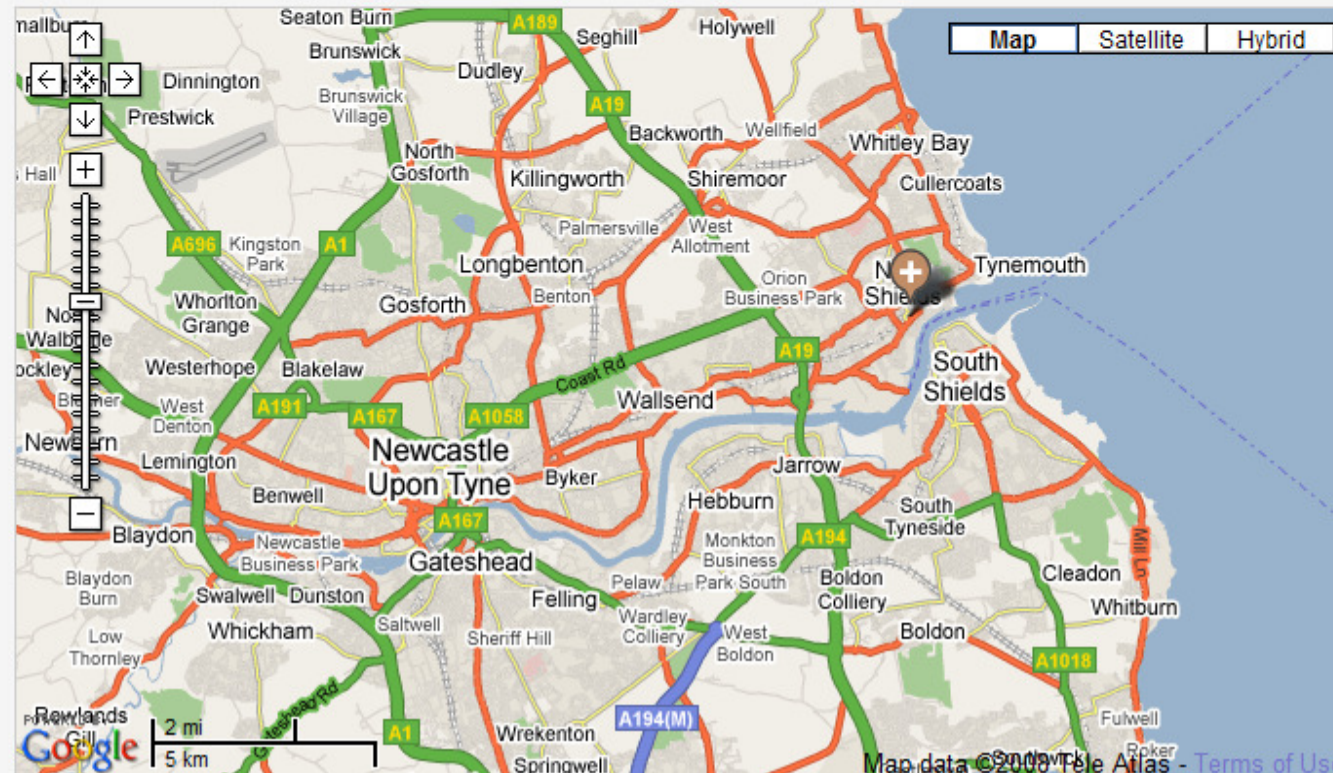
Jobs

Contact

Services in the region

Here you will find all the services available in the region. To view the services on the map, simply select the type of service(s) you want.

Clicking the map icon will display a summary of the service, [Alternatively view the directory listing](#)



Types of service

Select a type of service to view the service locations.



☒ Adult social services

☐ Alcohol treatment

☐ Counselling

☐ Criminal justice

☐ Drug treatment

☐ Family support

☐ Harm reduction

☐ Housing

☐ Pharmacies

☐ Return to work

☐ Sexual health

☐ Support groups



Groups

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Groups

Hi provides group discussion forums to keep the discussions alive and happening. Please be responsible in how you use this tool. Use common sense with the groups, for example, do not mention people's names address or place of work, everyone has a right to confidentiality. A moderator has access to all the groups, if any post is considered offensive it will be removed.

When you sign up to the hi site you agree to the terms and conditions, please refer to them if you are not sure what you have agreed to.

[Sign up](#)[Take a tour](#)

Join a group

These groups are available for you to join

[Family and friends](#)

Are you worried about a family member or friend's drug use? Use the group page to share your experience.

[General discussion](#)

Access all areas group, exchanging information between everyone connected to drug treatment and harm reduction.

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Crack

Also known as: Gravel, Rocks, Stones



Breathing is an involuntary function of the body; this means that we do not need to think about what we are doing. Voluntary functions such as opening a door mean we have to decide to open the door. Breathing, like digestion - just happens.

Time elapsed/remaining: 00:02 / 00:57



Crack

Also known as: Gravel, Rocks, Stones



The lungs are responsible for a number of functions, most importantly breathing.

Time elapsed/remaining: 00:00 / 00:57



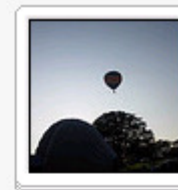
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h The hi photography workshop



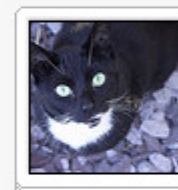
landing

Welcome to the www.hiwecanhelp.com/ photography workshop on flickr. The hi team have



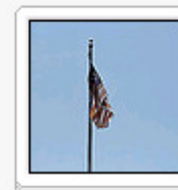
Reporting your
world

5 photos



Photos of
animals

10 photos



Naming the shot

3 photos

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The future?

We are working on

More information for families & carers

Housing advice and information

Job centre information

Domestic violence

Comic strips

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Questions

Thank you for your time.

Roweena.russell@hiwecanhelp.com

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